

# YMCA

## SLEEP EASY

## Sleeping rough so others don't have to

One night can make a lifetime  
of difference. Register today!

**Where:** St. Mary's Church Car Park  
Barnard Castle

**When:** Friday 16th March

**Details:** Call Julian on 01833 695780 or  
visit our web site at  
[www.ymcateesdale.org.uk](http://www.ymcateesdale.org.uk)

**#YMCA SleepEasy**

Registered charity number: 1145459



# YMCA

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION